

Name:

d. muscle



Human Body Series Bones, Muscles, and Joints

Date:

Q	uiz	
Ins	ructions: Answer each question.	
1.	True or false: The bones of your skeleton are alive.	_
2.	What is the innermost part of the bone called?	
	a. periosteum	
	b. compact bone	
	c. cancellous bone	
	d. bone marrow	
3.	What are the 26 bones of the spine called?	
4.	Which bones protect your heart, lungs, and liver?	
5.	List three ways to take care of your bones:	
6.	The place where two bones meet is called a	·
7.	Name two types of moving joints:	
8.	Which of the following is NOT a type of muscle?	
	a. smooth muscle	
	b. rough muscle	
	c. cardiac muscle	
	d. skeletal muscle	
9.	Skeletal muscles are held to the bones with the help of	
10.	Which of the following cushions and protects the bones where they	meet?
	a. ligaments	
	b. tendons	
	c. cartilage	