



## Personal Health Series Mouth and Teeth

	Name:	Date:
Q	uiz	
Ins	tructions: Answer each question.	
1.	True or false: Everyone should visit a dentist two times a year.	
2.	True or false: A dental hygienist is the person who checks and cleans your teeth before you	see the dentist.
3.	Name two things you can do to avoid getting a cavity.	
4.	Name two things that can cause bad breath.	
5.	True or false: Fluoride makes your teeth strong and helps prevent cavities.	
6.	Name the four main tastes that foods have:	