



Personal Health Series Nervous System

Name: Date:

Brains Recipe

[Note to instructor: You can use store-bought modeling dough or make your own with this recipe, which yields enough for about 20 kids.]

Ingredients:

- 4 cups water
- 4 cups flour
- 8 teaspoons cream of tartar
- 1/2 cup vegetable oil
- 2 cups salt
- 5 food coloring colors

Directions:

- Mix the water, salt, flour, and cream of tartar in a large bowl or blender until the lumps disappear. Then mix in the vegetable oil.
- 2. Put the entire mixture into a saucepan and cook over low heat until it gets lumpy. Pour the mixture onto an aluminum-foil covered cookie sheet and let it cool.
- 3. Knead and shape it into five different colored balls, then add food coloring to each ball and knead through.

