



## Personal Health Series Fitness

Name:	Date:
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## Playing Is Winning!

Instructions: Explain how your game works below.

My Cama's Nama	
My Game's Name:	
Materials needed for my game:	
Rules of my game:	
Activities involved in my game (like running, skippi	ng throwing jumping catching kicking a hall)
——————————————————————————————————————	ng, throwing, jumping, catering, kicking a batty.
Health benefits of playing my game:	_