## Personal Health Series Peer Pressure

## **Quiz Answer Key**

1.	Peers are:
a)	people about your own age
b)	classmates
c)	teammates
ď	all of the above
2.	In "peer pressure," the word pressure means:
a)	hurt
b)	push
c)	<u>influence</u>
d)	ignore
3.	True or <u>false</u> : Peer pressure is always bad.
4.	Fill in the blanks: When friends try to influence you to do things that are harmful or wrong, it's called <u>negative</u> peer
	pressure. When friends try to influence you to do things that are helpful or kind, it's called <u>positive</u> peer pressure.
5.	True or <u>false</u> : Only kids and teens have to deal with peer pressure.
6.	List two things kids might do to try to get other kids to do what they want: Any two of the following: tease, call names,
	threaten, say they're not cool, exclude from group, ignore, etc.
7.	List two reasons why kids might give in to peer pressure: Any two of the following: to seem cool, to seem brave, to get in with
	group of friends, to impress others, etc.
	group of michas, to impress others, etc.
Q	List two ways friends can be a bad influence on each other: <u>Any two of the following: they can encourage each other to smoke</u> .
0.	
	drink, cheat, lie, steal, bully others, act lazy, act disrespectful, not do their homework, etc.

9. List two ways friends can be a good influence on each other: Any two of the following: they can encourage each other to work hard in school or sports, try a positive new activity, believe in themselves, exercise, read a new book, be kind, be honest, etc.

10. True or false: People can influence each other without even speaking.