



Personal Health Series Bike Safety

Safe Spokes

Note to instructor: After reading the KidsHealth articles titled "Bike Safety," "Do You Know How to Be Street Smart?" and "Concussions," lead a discussion to brainstorm bicycling safety tips to remember (write them on the lines below using a smartboard or overhead projector, or on a whiteboard). Then help students vote on the five most important bike safety tips and write them within the bike spokes.

