

Name:

Date:

Ingredients for a Safe Kitchen

Instructions: After cooking or baking a dish or a full meal with a parent, describe five food and/or cooking safety tips you and your parent used, and explain why each tip is so important.

1.	
2.	
3.	
4.	
-	
5.	





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My Recipe:	
My Recipe: Ingredients:	
Directions:	

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