



Personal Health Series Bullying

	Name.	Date.
Quiz		
Ins	structions: Answer each question.	
1.	True or false: Bullies are mean to kids on purpose over and over.	
2.	True or false: Bullying can make kids who are bullied feel physically sick.	
3.	True or false: If someone bullies you, you should bully that kid back.	
4.	True or false: Ignoring a bully and not reacting to the bullying can help sometimes.	
5.	True or false: If you or someone you know is being bullied, you should tell a trusted adult.	
6.	True or false: It's only considered bullying when bullying is physical.	
7.	List two things you can do to help a kid who's being bullied:	
8.	List two things you can do to defend yourself against bullies:	