



Personal Health Series **Empathy**

Date:

Name:

Acts of Kindness

Instructions: Choose a 30-minute, age-appropriate TV show that you enjoy and use the chart to write about how the characters show empathy toward each other. Which actions show empathy and compassion? Which ones don't? After you complete the chart, pick one scene and decide how the characters could have shown more empathy. Rewrite the scene with your revisions in the spaces at the bottom.

Actions That Show Empathy	Actions That Don't Show Empathy