

Name:



Personal Health Series Getting Along

Date:

Quiz Instructions: Answer each question.	
2.	True or false: Getting along with teachers can help you do better in school.
3.	When you've hurt someone's feelings, what's the best thing you can do?
4.	A good first step to getting over a problem with a friend would be to: a) yell about how you feel b) say it was your fault, even if it wasn't c) get other friends to take your side d) communicate calmly with each other
5.	No matter how angry or upset you are, it's never OK to use when trying to solve an argument.
6.	True or false: When you're in an argument, you should try to stay focused on your own point of view.
7.	Sibling rivalry (fighting between brothers and sisters): a) is common b) is normal c) can occur at any age d) all of the above
8.	True or false: Adults never have to apologize.
9.	During an argument, it's just as important to as it is to speak.
10.	If you want to have an important conversation with someone, it's best to do it: a) while he or she is working on something important b) during an argument c) when the person is calm and can give you his or her full attention d) when the person seems really stressed out