Quiz Answer Key

- 1. List three things you can do to get along better with friends or family:

 Any three of the following: Be friendly, be kind, be fair, control your temper, apologize, talk out problems.
- 2. <u>True</u> or false: Getting along with teachers can help you do better in school.
- 3. When you've hurt someone's feelings, what's the best thing you can do? Say you're sorry, or apologize.
- 4. A good first step to getting over a problem with a friend would be to:
 - a) yell about how you feel
 - b) say it was your fault, even if it wasn't
 - c) get other friends to take your side
 - d) communicate calmly with each other
- 5. No matter how angry or upset you are, it's never OK to use physical violence when trying to solve an argument.
- 6. True or false: When you're in an argument, you should try to stay focused on your own point of view.
- 7. Sibling rivalry (fighting between brothers and sisters):
 - a) is common
 - b) is normal
 - c) can occur at any age
 - d) all of the above
- 8. True or false: Adults never have to apologize.
- 9. During an argument, it's just as important to <u>listen</u> as it is to speak.
- 10. If you want to have an important conversation with someone, it's best to do it:
 - a) while he or she is working on something important
 - b) during an argument
 - c) when the person is calm and can give you his or her full attention
 - d) when the person seems really stressed out