



## Health Problems Series Food Allergies

	Name:	Date:	
0	<u>Quiz</u>		
_	structions: Answer each question.		
1.	List three common food allergens.		
2.	List four possible reactions to these allergens.		
3.	When someone with a food allergy eats a food allergen, the b an allergic reaction. a. epinephrine b. anaphylaxis c. histamines d. hives	ody releases chemicals called	that cause
4.	Describe one of the ways doctors determine if a reaction is ca	used by a food allergy.	
5.	True or false: Once you have an allergy, you always have it.		
6.	True or false: If you don't have a food allergy when you're you	inger, you don't ever need to worry about food a	allergies.
7.	When people have severe reactions to food allergens, they may an epinephrine b. histamine c. antibodies d. none of the above	y need shots of	