

Name:



Personal Health Series Nervous System

Date:

Qı	uiz
nst	ructions: Answer each question.
١.	Your is the boss of your body and controls everything you do.
2.	The nervous system is made up of the brain, spinal cord, and
3.	The spinal cord helps carry back and forth between your body and brain.
1.	How many nerves are in your body to send messages to brain and back? a. dozens b. hundreds c. thousands d. millions e. billions
5.	What kinds of things are your brain and nervous system in charge of? a. walking and running b. thinking and talking c. feeling and sleeping d. breathing and growing e. all of the above
ó.	How much does the average brain weigh?
7.	A nerve cell is also called a
3.	Name the five main parts of the brain and one function of each:
).	The peripheral nervous system: a. is in the brain b. includes nerves branching out from the spinal cord to the body c. helps with peripheral vision
10.	Breathing, digestion, sweating, and shivering are all functions of the nervous system.
11.	Both the brain and spinal cord are protected by
12.	Neurons relay information to each other through a complex process.
13.	Name one function of cerebrospinal fluid: