



Name:

Date:

Cheers and Whistles

Instructions: Cheer for safety tips and blow the whistle on risky behaviors by writing two things student-athletes should do (cheers) and two things they shouldn't do (whistles) when they're training or playing each sport.



Cheers!

Whistles!

Running		
Football		
Cheerleading		
Gymnastics		
Lacrosse		

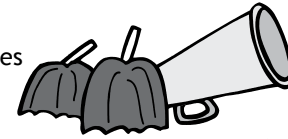


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Cheers!

Whistles!

Basketball		
Soccer		
Baseball, softball		
Swimming, diving		
Field hockey		