



Quiz Answer Key

- In type 1 diabetes, the pancreas can't make insulin because:
 - the person is overweight or obese
 - the body's immune system has attacked the pancreas
 - the person eats more simple carbs than the body can handle
 - all of the above
- When a person has type 1 diabetes:
 - there's not enough insulin to move glucose from the blood to the cells
 - there's too much insulin and not enough glucose
 - the body has too much glucose
 - insulin levels drop if the person doesn't eat enough
- Once a person has type 1 diabetes:
 - they need a new pancreas
 - the pancreas makes too much insulin
 - they need to eat right to keep their pancreas functioning properly
 - the pancreas can never make insulin again
- People with type 1 diabetes need to:
 - lose weight
 - take insulin in shots or with a pump
 - remove sugar from their diets
 - take insulin pills
- With type 2 diabetes:
 - the body does not produce insulin
 - the body doesn't respond normally to the insulin it makes
 - blood sugar is always too low
 - there is not enough glucose in the body
- When glucose is less able to enter the cells and supply energy, it's called:
 - glucose resistance
 - glucose overload
 - insulin resistance
 - insulin overload
- True or false: People can sometimes prevent type 1 diabetes. T F
- True or false: People can sometimes prevent type 2 diabetes. T F
- True or false: Most people who have type 2 diabetes are overweight. T F
- True or false: If teens don't manage their diabetes well, the signs won't start to show until they are adults. T F