

Health Problems Series Cyberbullying

Quiz Answer Key

- Name at least five types of cyberbullying. <u>Online threats; rude texts; mean tweets, posts, or messages; posting personal information, photographs, or videos designed</u> <u>to hurt or embarrass someone else; refusing to take down a post or webpage that embarrasses someone after you are asked</u> <u>to; texting, emailing, or posting unwanted messages or photographs of a sexual nature.</u>
- 2. What makes online bullying particularly upsetting and damaging? <u>Any one of the following: It can be anonymous, difficult to trace, and incessant, appearing 24/7.</u>
- 3. What's the first thing you should do if you're the victim of a cyberbully? <u>Tell an adult you trust, such as a parent, teacher, counselor, or coach.</u>
- 4. If you are bullied online, should you keep copies of any threatening messages, pictures, or texts used to bully you? <u>Yes. These can be used as evidence with the bully's parents, school, employer, or even the police.</u>
- 5. <u>True</u> or false: Cyberbullies can face serious consequences, such as being kicked off sports teams or suspended from school. Some even face legal punishments.
- 6. What are some reasons why "sexting" (exchanging sexually explicit text messages or images) isn't a good idea? <u>These messages can be considered harassment or bullying and get the "sexter" in trouble. Also, messages or images you</u> <u>intend to be private can get into the wrong hands and be used to embarrass, intimidate, or humiliate.</u>