



## Personal Health Series Mouth and Teeth

Name: Date:

## Quiz

Instructions: Answer each question (questions can be dictated to preliterate kids and answers may be given orally).

- 1. 1. You should brush your teeth at least how many times a day?
  - a) 2
  - b) 24
  - c) 100
- True or false: The hard, white shiny part of a tooth is called enamel.
- 3. The four pointy teeth are called:
  - a) Molars
  - b) Canines
  - c) Incisors
  - d) Fangs
- 4. Underline the wrong answer.

Saliva helps you:

- a) Make food easier to swallow
- b) Taste
- c) Sing
- d) Keep your teeth clean
- e) Fight off germs in your mouth
- 5. Underline the foods that help keep your teeth healthy:
  - a) Apple
  - b) Candy
  - c) Carrots
  - d) Soda