



Personal Health Series Mouth and Teeth

Quiz

- 1. 1. You should brush your teeth at least how many times a day?
 - <u>a) 2</u>
 - b) 24
 - c) 100
- 2. True or false: The hard, white shiny part of a tooth is called enamel.
- 3. The four pointy teeth are called:
 - a) Molars
 - b) Canines
 - c) Incisors
 - d) Fangs
- 4. Underline the wrong answer.
 - Saliva helps you:
 - a) Make food easier to swallow
 - b) Taste
 - c) Sing
 - d) Keep your teeth clean
 - e) Fight off germs in your mouth
- 5. Underline the foods that help keep your teeth healthy:
 - a) Apple
 - b) Candy
 - c) Carrots
 - d) Soda