



## Personal Health Series Smoking

## Quiz

Instructions: Answer each question (questions can be dictated to preliterate kids and answers may be given orally).

- 1. Circle two things smoking does not cause:
  - a. cancer
  - b. heart disease
  - c. bad breath
  - d. brain freeze
  - e. yellow teeth
  - f. smelly clothes
  - g. swollen elbows
  - h. more colds and coughs
- 2. The name of the plant that the stuff in cigarettes and cigars comes is: \_\_\_\_\_\_\_.
- 3. True or false: Tobacco has a chemical in it called nicotine, which is addictive. That means that if you start to use nicotine, your body and mind will become used to it and you'll need to have it just to feel OK.